

## MILPERSMAN 1220-010

### AIRCREW PROGRAM

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References	COMNAVCRUITCOMINST 1130.8F COMNAVAIRESFORINST 1500.5F NAVMED P-117, Manual of the Medical Department
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1. **Background.** The Aircrew Program provides an opportunity for recruits and fleet personnel to become career enlisted aircrew. The Aircrew Program for recruits is a 5-year enlistment program that guarantees men and women a flying assignment in either fixed wing aircraft or helicopters and provides training via various Class "A" Schools. It also provides accelerated advancement to paygrades E-2 and E-4 for those who volunteer for rescue swimmer aircrew duties, and to paygrade E-4 for those selected for P-3 flight engineer duty. Applicants must volunteer for flying duty (see MILPERSMAN 1220-020), be capable of passing a Class II swim test, and pass an aviation flight physical.

2. **Qualifications Required.** New recruits must meet enlistment eligibility requirements specified in COMNAVCRUITCOMINST 1130.8F. Other selection requirements include the following:

a. **Test Scores.** All recruits and nondesignated airmen must have minimum Armed Services Vocational Aptitude Battery (ASVAB) score of AR + 2MK + GS = 196. Upon reporting to the Naval Aircrew Candidate School (NACCS), applicants' ASVAB scores will be reviewed to ensure further qualification for a specific source rating. Fleet inputs and Navy veterans (NAVETs)/other service veterans (OSVETs) already designated in aircrew source ratings (e.g., AD, AM, AT, etc.) must meet the required AR + 2MK + GS = 196 aircrew ASVAB score requirement.

b. **Age.** Thirty years or less at time of enlistment or reenlistment. Waivers for fleet and United States Naval Reserve (USNR) Training and Administration of Reserve (TAR) volunteers will be considered by Navy Personnel Command (NAVPERSCOM), Aviation Assignment Branch (PERS-404) or Naval Reserve Personnel Center (NAVRESPERSCEN)(N30) respectively on a case-by-case basis. Age requirements for Selected Reserve (SELRES) personnel assigned

to Commander, Naval Air Reserve Force commands will be per COMNAVAIRESFORINST 1500.5.

c. **Medical.** All applicants must meet medical standards as specified in NAVMED P-117, article 15-65.

d. **Physical Conditioning.** The Aircrew Program is physically demanding and requires strong swimmer skills. Applicants must pass the Navy Physical Fitness Assessment (PFA) with a grade of "satisfactory-medium" in all categories before transfer to NACCS. Nonswimmers cannot successfully complete the program.

e. All applicants must read and sign the **Aircrew Statement of Understanding** which outlines the physical requirements needed to commence and graduate from NACCS and Rescue Swimmer School (RSS). Rescue swimmer applicants must sign both the Aircrew and Rescue Swimmer Statements of Understanding.

3. **Aircrew and Rescue Swimmer Program Statements of Understanding.** New recruits must sign the applicable Statements of Understanding contained in COMNAVCRUITCOMINST 1130.8F as part of their enlistment process. Fleet volunteers must sign the following NAVPERS 1070/613 (Rev. 10-81), Administrative Remarks entry:

**Aircrew Program Statement of Understanding**

"[DATE]: I, [member's name], am volunteering for the Aircrew Program. I understand the following concerning rigorous physical requirements of the Aircrew Program:

1. I am volunteering for aircrewman duty, which necessarily includes Naval Aircrewman Candidate School. If I voluntarily disenroll from training as an aircrewman student, I will no longer be eligible for further aircrew training. Initial: \_\_\_\_\_
2. I can swim. Initial: \_\_\_\_\_
3. I must be certified as a Second Class Swimmer before beginning aircrew training. Initial: \_\_\_\_\_
4. I must pass the Navy Physical Fitness Assessment (PFA) with a "satisfactory-medium" in all categories to enter aircrew school. Initial: \_\_\_\_\_

5. I must meet the following minimum physical fitness requirements **to graduate** from aircrew school:

- a. Be able to perform extensive daily calisthenics.
- b. Pass a Navy PFA with a "good-medium" in all categories for my age and gender.
- c. Swim:
  - (1) 1 mile in flight suit in 80 minutes or less using sidestroke, breaststroke, or American crawl.
  - (2) 100 yards in full flight gear (flight suit, boots, helmet, gloves, and deflated life preserver) using each of the survival strokes for 25 yards (sidestroke, breaststroke, elementary backstroke, and American crawl), followed immediately by a 5-minute drown-proofing (face down prone float).
  - (3) In full flight gear, tread water for 2 minutes followed immediately by 3 minutes of drown-proofing.
  - (4) 200 yards (50 yards each breaststroke, elementary backstroke, sidestroke, and American crawl).
  - (5) Jump from a 12-foot tower and then swim 15 yards underwater wearing flight suit and boots using a modified breaststroke, immediately followed by floating using trouser inflation techniques.
  - (6) 75-yard flight equipment swim; 25 yards sidestroke; 25 yards breaststroke; 25 yards elementary backstroke; and 25 yards American crawl.

Initial: \_\_\_\_\_

The Aircrew Program is physically demanding. My success will depend upon my own physical conditioning program, which I have established for myself prior to reporting.

[Signature of Aircrew Volunteer]

WITNESSED: \_\_\_\_\_"  
(commanding officer, executive officer,  
command master chief, or command career counselor)

### Rescue Swimmer Program Statement of Understanding

**NOTE: AIRR/rescue swimmer candidates must sign both the Aircrew and Rescue Swimmer Statements of Understanding.**

"[DATE] : I [member' name] am /am not [circle one] volunteering for training as a helicopter rescue swimmer. I understand rescue swimmers may be required to risk their lives during a rescue at sea. They are trained to conduct rescues efficiently, effectively, and safely. In most rescue situations, the swimmer leaves the helicopter and enters the ocean. Upon reaching the survivor, the swimmer removes the parachute and prepares the survivor for hook-up to the rescue device. A survivor in a state of panic may force the swimmer underwater, but techniques taught to the swimmer will help to overcome this resistance. Once the swimmer and survivor are in the aircraft, the swimmer provides advanced first aid until medical assistance is available.

Initial: \_\_\_\_\_

**1. In order to commence training at Rescue Swimmer School,**  
I must be able to complete the following:

- a. 400-meter swim wearing mask, fins, and snorkel in 11 minutes or less.
- b. 1.5-mile run in 12 minutes or less.
- c. 35 push-ups in 2 minutes or less.
- d. 50 sit-ups in 2 minutes or less.
- e. 2 pull-ups in 2 minutes or less.

Initial: \_\_\_\_\_

**2. To graduate** from Rescue Swimmer School, I must do the following during the course of training:

- a. 90 minutes of intensive calisthenics and 30-35 minute cross-country runs daily.
- b. 800M swim in 20 minutes wearing rescue swimmer equipment (mask, fins, snorkel, short wetsuit, and Search and Rescue (SAR) Harness with deflated floatation).

- c. 400M buddy tow in 16 minutes wearing rescue swimmer equipment.
- d. 2000M swim in 50 minutes wearing rescue swimmer equipment.
- e. 4 pull-ups in a flight suit and boots within 2 minutes.
- f. Carry two 50-pound dumbbells 100 yards on flat terrain over 4 obstacles 12-14 inches in height within 2 minutes.
- g. Walk 1 mile with a medevac litter within 16 minutes.
- h. Swim 500 meters in SAR gear immediately followed by 400 meter buddy tow within 27 minutes.
- i. Weekly strength training with free weights and machines.
- j. Successfully complete CPR for professional rescuer.

Initial: \_\_\_\_\_

The Aircrew Program and, in particular, rescue swimmer training are physically demanding and require strong swimmer skills. My success will depend upon my own physical preconditioning program, which I have established for myself prior to reporting. I understand that I must first meet all requirements set forth for the Aircrew Program in addition to those for rescue swimmer training.

[Signature of Aircrew Volunteer]

WITNESSED: \_\_\_\_\_"  
(commanding officer, executive officer,  
command master chief, or command career counselor)

4. **Drop-On-Request (DOR)**. DOR at any time during training (Military Entrance Processing Station (MEPS), Recruit Training Center (RTC), NACCS, RSS, Class "A" School, Fleet Replacement Squadron (FRS)) is cause for disqualification and disenrollment from the Aircrew Program. Disposition of members disenrolled will be per para. 12 or this article.

5. **Disqualification Due to Drug Usage**. Due to the inherently hazardous nature of this program, use of illegal or controlled substances is grounds for application disapproval. Drug waivers (for cannabis only) will be considered on a case-by-case basis by Chief of Naval Operations (CNO), Enlisted Plans and Career Management Branch (N132D).

6. **Security Clearance Required**. Applicants for the Aircrew Program must have citizenship and character requirements to be granted a minimum of a Secret clearance.

7. **Service School Assignments**. For strikers and new recruits, the Aircrew Program provides assignment to a Class "A" School in any of the career aircrew source ratings listed below. The specific Class "A" School to be assigned will be based on member's qualifications, personal desires, and needs of Navy.

Career Aircrew Source Ratings (new accessions and fleet volunteers)	AD, AE, AO, AT, AM, AME, AW, PR (fleet volunteers only)
Non-Career Aircrew Source Ratings (fleet volunteers only)	AG, CTI, CTO, CTR, HM, MS, PR, PH, IT
Aircrew Source Ratings (TAR/SELRES only)	All above plus SK, AZ

8. **Training Cycle**. The normal training pipeline for aircrew candidates is:

- a. Recruit Training Center (RTC)
- b. Naval Aircrew Candidate School (NACCS) (Pensacola)
- c. Rescue Swimmer School (RSS) (Pensacola - rescue swimmers only)
- d. Class "A" School (Pensacola)
- e. Fleet Replacement Squadron (FRS) (various locations)
- f. Initial squadron assignment

**NOTE:** Designated personnel do not attend RTC or Class "A" School.

9. **Terms of Enlistment.** New accessions shall be enlisted in United States Navy/TAR Enlistment Program for 4 years and concurrently execute a NAVPERS 1070/621 (Rev. 01-00), Agreement to Extend Enlistment for 12 months, using appropriate narrative reason entry contained in "Contents of NAVPERS 1070/621," below. Fleet applicants must obligate per MILPERSMAN 1306-604 and 1306-908.

10. **Apprenticeship and Paygrade**

a. New accessions accepted for the **Aircrew Program** shall be enlisted in paygrade E-1. This is not to preclude enlistment at paygrade E-2 or E-3 per COMNAVCRUITCOMINST 1130.8F. Fleet applicants are accepted in present paygrade.

b. Individuals who enlist **for rescue swimmer training as part of the Aircrew Program** are authorized accelerated advancement to paygrade E-2 upon successful completion of recruit training. Accelerated advancement to paygrade E-4 is authorized for aircrew recruits and fleet volunteers only after completion of both RSS and Class "A" School, provided eligibility is maintained to continue in the Aircrew Program.

c. Individuals selected for **P-3 flight engineer (Navy Enlisted Classification (NEC) 8251) training as part of the Aircrew Program** are authorized accelerated advancement to paygrade E-4 upon successful completion of FRS training and resultant NEC 8251 designation as a P-3 flight engineer.

d. If a member is disqualified for aircrew duties because of disciplinary infractions prior to advancement to paygrade E-4, eligibility for accelerated advancement to E-4 is terminated. This shall not preclude an advancement to E-2 or E-3 based on normal advancement criteria.

e. Accelerated advancement to paygrade E-4 requires a 5-year total active duty obligation. If a member is reduced in rate subsequent to accelerated advancement to E-4, there is no reduction in active obligated service (OBLISERV).

f. The requirement to complete P03 Military Leadership exam, Military Requirements for P03 Correspondence Course, and Petty Officer Indoctrination Course is waived for those earning accelerated advancement to E-4.

11. **Disqualification and Disenrollment**

a. Those who fail to remain qualified for this program will be disenrolled from aircrew training.

b. Cancellation of extension of enlistment because of disenrollment from the Aircrew Program shall be per MILPERSMAN 1160-040. Applicants must be specifically counseled if they attrite, DOR, request removal from flight status, or are found not desirable for continuation in the Aircrew Program, the extension agreement may or may not be canceled depending on manning requirements. Cancellation requests should be referred to CNO (N132D2).

c. Applicants who accept accelerated advancement to E-4 and then attrite retain their extension obligation.

12. **Disposition of Members Disenrolled**

a. The Aircrew Program is voluntary. Members may request to be disenrolled at any time. If disenrolled at any point during training, assignment to a Class "A" School is not guaranteed and is subject to needs of the Navy. Fleet personnel will normally be returned to their previous command.

b. Process disenrolled personnel as follows:

(1) **RTC.** Per Navy Recruiting Command (NAVCRUITCOM)/CNO (N132) quarterly reclassification guidance.

(2) **NACCS.** Disenrollees may be reclassified provided they meet the provisions of MILPERSMAN 1236-020 and 1220-020; however, assignment to Class "A" School is not guaranteed and is subject to the needs of the Navy. If not approved for reclassification and follow-on Class "A" School, NACCS attrites will be made available for fleet assignment as a nondesignated airman.

(3) **RSS/P-3 Flight Engineer.** Members disenrolled from RSS or P-3 flight engineer FRS training are not eligible for automatic advancement to E-4 and may not necessarily be retained in the Aircrew Program. For members disenrolled from RSS; reclassification, assignment to Class "A" School, or reassignment within the Aircrew Program is not guaranteed and is subject to needs of the Navy. CNO (N132D) is final authority for determination of Aircrew Program and/or Class "A" School eligibility. If not approved to remain in the Aircrew Program,



RSS attrites will be made available for fleet assignment as a nondesignated airman.

(4) **Class "A" School.** Members who fail to complete Class "A" School for academic reasons may, if qualified, be reclassified to another Class "A" School that is a source rating for Aircrew. Inability to successfully complete Class "A" School may be cause for disqualification from the Aircrew Program and fleet assignment as a nondesignated airman.

13. **Contents of NAVPERS 1070/621**

a. NAVPERS 1070/621 is required for enlistment in the Aircrew Program. It shall be prepared and signed by applicant on the day member is enlisted (new accession). Fleet applicants must obligate under MILPERSMAN 1306-604 and 1306-908. A minimum of 5 years total active service on current enlistment is required.

b. Specific wording of the narrative reason for extension is as follows:

(1) **Rescue Swimmer Volunteers:**

"Training in the Aircrew Program as a rescue swimmer and accelerated advancement to paygrade E-4 under MILPERSMAN 1220-010. Accelerated advancement to paygrade E-4 is authorized only after successful completion of both Rescue Swimmer School and Class "A" School. I understand this extension becomes binding upon execution and thereafter may not be canceled except as set forth in MILPERSMAN 1160-040.

This is my [fill in] enlistment.  
Total aggregate extension 12 months."

(2) **Non-Rescue Swimmer Aircrewman:**

"Training in the Aircrew Program. I understand this extension becomes binding upon execution and thereafter may not be canceled except as set forth in MILPERSMAN 1160-040.

This is my [fill in] enlistment.  
Total aggregate extension: 12 months."

14. **Application Submission**

a. Fleet Aircrew Program applicants (less TARs) should send NAVPERS 1306/7 (Rev. 01-03), Enlisted Personnel Action Request to

NAVPERSCOM (PERS-404) via (1) their commanding officer, and (2) NAVPERSCOM (PERS-404E), citing this article as reference.

- b. TARs should send applications to NAVRESPERSCEN (N4).
- c. Include in application package a certified copy of
  - (1) flight physical,
  - (2) second class swim qualification,
  - (3) last two evaluations
  - (4) ASVAB scores,
  - (5) Signed copies of both the Aircrew and Rescue Swimmer Statements of Understanding,
  - (6) Satisfactory-medium score on most recent PFA, and
  - (7) Secret clearance. If a secret clearance is not held, member's command must initiate prior to transfer to NACCS.
- d. Aircrew Program volunteers may be selected on a returnable quota basis.